Cultural Protocol

This protocol is an essential framework for how LivingWorks Indigenous suicide prevention training is delivered with Aboriginal and Torres Strait Islander communities.

Awareness Community Engagement

Undertaken 2-3 months before the workshop.
Every community is different, and everyone within a community may have direct or indirect experiences with suicide.

Postvention Ongoing Support

After completion of I-ASIST all participants are provided with ongoing support. This includes connections with a network of I-ASIST participants to build community capacity and engagement.

Intervention I-ASIST

An I-ASIST two-day course is delivered by Indigenous trainers. Participants learn how to use a unique 6-task model to provide a suicide first-aid intervention, work with someone to develop a personalised safety plan to keep safe-for-now and connect with further help.

ConnectingConnecting Session

This session occurs prior to the skills training and includes the trainers, participants and community leaders.

Prevention safeYARN

A safeYARN workshop is delivered only by Indigenous trainers. Participants will learn how to notice and respond to situations where suicide thoughts may be present and can apply yarning into the TALK (Tell, Ask, Listen, KeepSafe) steps.

